

MATCHTECH 



# HSQE Briefing

November 2021

WORKING TOGETHER TO PROVIDE THE BEST RAIL TALENT IN THE UK

# Monthly topics

## Manual Handling awareness reminder....

Have a look at these three documents, as all frontline staff will be invited to a safety conversation and observation assessment regarding Manual handling awareness, knowledge and practices.

1. [Introduction](#) - Protecting your body
2. [Risk Assessment](#) - Task, Individual, Load, Environment
3. [Technique](#) - What to do and what not to do

Industry Safety briefings / COVID 19 Link / 24 hour on-call details / Safety s**Q**ua**R**ed / CIRAS details.

# Safety briefing links

## Safety Central

- Network Rail share updates of recent incidents, accidents and best practice advice online. Please get into the habit of checking this website for the latest news;

<https://safety.networkrail.co.uk/tools-resources/safety-bulletins/>

## Southern Shield

- Southern Shield is a collaborative safety forum that consists of Network Rail Southern Capital Delivery and its principal contractors. On their website they have useful articles and explain the rules of the Southern Shield charter, which are mandatory on some southern sites.

<https://www.southernshield.co.uk/>

## Resourcing Solutions Monthly briefings

- Add this website address to your browser favourites to ensure that you always have access to the Network Rail Rulebook modules (Via RGS online, standards catalogue) as well as all previous monthly rail briefings.

<https://www.resourcing-solutions.com/health-and-safety-briefings>



# IMPORTANT INFORMATION

For the Latest COVID 19 guidelines follow this link below.

<https://www.gov.uk/coronavirus>



# Coronavirus (COVID-19)

STAY  
HOME

▶ PROTECT  
▶ THE NHS

▶ SAVE  
▶ LIVES



# Contact the Rail team

**24 hour on call - 07786 265531**

Use this on-call number if you need to contact someone from the company urgently, for example to report an accident / incident or if you are being pressured to do something that you are not comfortable with, such as being asked to exceed the working hours rules etc.

**Store this number in your phone in case of an emergency**

This number is **not to be used** to query timesheets or to enquire about vacancies, it is an emergency contact number.

- If you would like to suggest a topic for future safety briefings, or need to talk to someone in confidence then email the Rail HSQE manager Joe Christopherson; [jchristopherson@resourcing-solutions.com](mailto:jchristopherson@resourcing-solutions.com)

# Safety sQuaRed

See it, Scan it, Share it



MATCHTECH 



<https://www.gattacapl.com/report-near-misses>



Report hotline:  
0800 4 101 101

Report textline:  
07507 285 887

Freepost: CIRAS  
[www.ciras.org.uk](http://www.ciras.org.uk)